योगेन चित्तस्य पादेन वाचां मलं शरिरस्य च वैद्यकेन योऽपाकरोत्तम् प्रवरं मुनीनां पतञ्जलिं प्रान्जलिरानतोऽसम्मि

yogena cittasya padena vacam malam sharirasya cha vaidyakena yo'pakarottam pravaram muninam patanjali pranjaliranato'smi





अाबाहु पुरुषाकारं शङ्ख चक्रासि धारिणम् सहस्र शिरसं श्वेतं प्रणमामि पतञ्जलिम्

abahu purushakaram shankhachakrasi dharinam sahasra shirasam svetam pranamami patanjalim

श्रिमते अनन्ताय नागराजाय नमो नम: srimate anantaya nagarajaya namo namah

परमाणुपरममहत्त्वान्तोऽस्य वशीकारः॥४०॥

Paramāņuparamamahattvānto'sya vaśīkāraķ ||40||

Parama aņu parama mahattvānta asya vaśīkāraḥ

क्षीणवृत्तेरभिजातस्येव मणेर्ग्रहीतृग्रहणग्राह्येषु तत्स्थतदञ्जनता समापत्तिः॥४१॥

Kşīņavrtterabhijātasyeva maņergrahītrgrahaņagrāhyeşu tatsthatadañjanatā samāpattiķ ||41||

kşīņa vṛtter abhijātasy eva maṇer grahītṛ grahaṇa grāhyeṣu tat sthatad añjanatā samāpattiḥ

शब्दार्थज्ञानविकल्पैः सङ्कीर्णा सवितर्का समापत्तिः॥४२॥

Śabdārthajñānavikalpaiķ saṅkīrņā savitarkā samāpattiķ ||42||

Śabda artha jñāna vikalpaiḥ saṅkīrṇā savitarkā samāpattiḥ

स्मृतिपरिशुद्धौ स्वरूपशून्येवार्थमात्रनिर्भासा निर्वितर्का॥४३॥

smrtipariśuddhau svarūpaśūnyevārthamātranirbhāsā nirvitarkā ||43||

smṛti pariśuddhau svarūpa śūnya eva artha mātra nirbhāsā nirvitarkā

एतयैव सविचारा निर्विचारा च सूक्ष्मविषया व्याख्याता॥४४॥

etayaiva savicārā nirvicārā ca sūksmavisayā vyākhyātā ||44||

etayaiva savicārā nirvicārā ca sūkṣmaviṣayā vyākhyātā Yoga = citta vritti nirodhah yes = drastha = svarupa no = drasta = vritti nirodhah = abhyasa vairagya

samprajnata samadhi = vitarka vichara ananda asmita

Ishvara pranidhana = grace/samadhi ekatattva abhyasa = vikshepa

> samapatti savitarka savicara nirvitarka nirvicara inirbija samadhi

सूक्ष्मविषयत्वं चालिङ्गपर्यवसानम्॥४५॥

sūksmavisayatvam cālingaparyavasānam ||45||

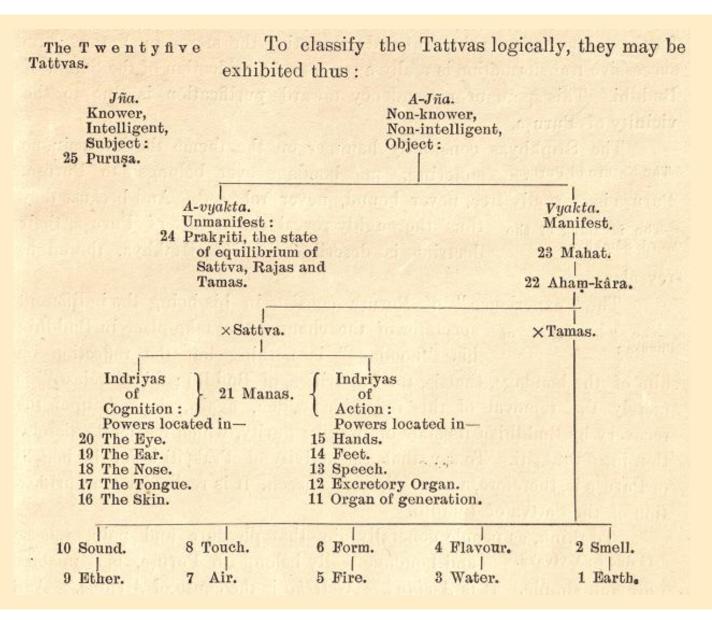
Subtlety of objects extends all the way to their dissolution in pradhana (that which is without characteristics)

sūkṣma subtle
viṣayatvaṁ essence of objects
ca and
aliṅga without characteristics, cannot be indicated
paryavasānam point of dissolution

alinga is pradhana, it does not merge back into any cause. All other objects (such as the mahabhutas and tanmatras) can merge into subtle and more subtle tattvas, all the way until pradhana. Nothing further can merge from there.

Therefore subtlety reaches its limit in pradhana.

Purusha is considered the instrumental cause of mahat because it is contact with prakriti that causes creation.



भूमिरापोऽनलो वायुः खं मनो बुद्धिरेव च । अहङ्कार इतीयं मे भिन्ना प्रकृतिरष्टधा ||7.4||

bhūmir-āpo 'nalo vāyuḥ khaṁ mano buddhir eva cha ahankāra itīyaṁ me bhinnā prakṛitir aṣhṭadhā

> Earth, water, fire, air, space, mind, intellect, and I-maker—these are eight components of my material energy.





अपरेयमितस्त्वन्यां प्रकृतिं विद्धि मे पराम् | जीवभूतां महाबाहो ययेदं धार्यते जगत् ||7.5||

apareyam itas tvanyām prakritim viddhi me parām jīva-bhūtām mahā-bāho yayedam dhāryate jagat

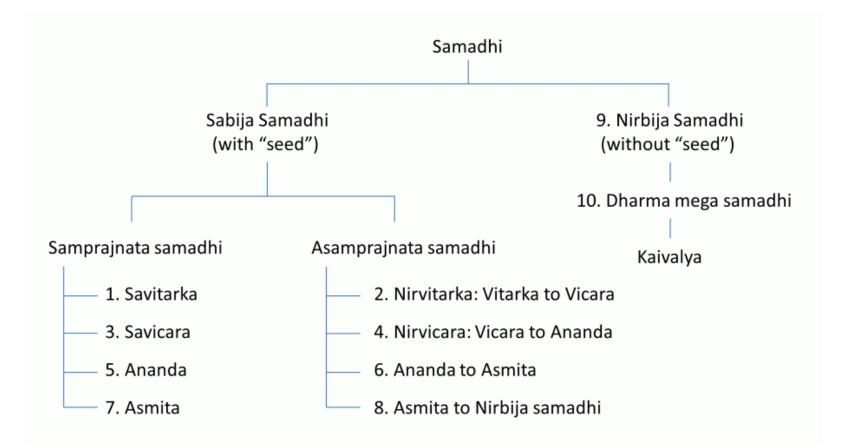
This is my lower Prakriti. But beyond it, O mighty-armed Arjuna, I have a higher Prakriti. This is the principle of self consciousness, by which this universe is sustained.

ता एव सवीजः समाधिः॥४६॥

tā eva savījaķ samādhiķ ||46||

These alone are the samadhis with seed

tā they
eva only
sabījaḥ with seed
samādhiḥ absorptive concentration



The four samapattis have external matter as their objects; although they are samadhis they depend on something "outside" to develop. Savitarka and nirvitarka relate to gross objects (the mahabhutas) and savichara and nirvichara relate to subtle objects (the tanmatras). These are samadhis with external objects.

निर्विचारवैशारद्येऽध्यात्मप्रसादः॥४७॥

nirvicāravaiśāradye'dhyātmaprasādaķ ||47||

On gaining proficiency in nirvichara, brightness (or clarity) of the inner instrument

nirvicāra vicara without words
vaiśāradye on gaining competence
adhyātma inner instrument of cognition
prasādaḥ clarity, brightness

Proficiency is when rajas and tamas are reduced from buddhi, and then the illuminating nature of buddhi shines forth unimpeded. Then the Yogin sees things as they are free from the constrain of words, and obtains the clear light of knowing.

Ordinary knowledge is perceived in quanta, packets of information. Knowledge based on verbal communication and inference are of generalities. Direct cognition is the clear light of all knowledge, or all knowing.

This direct cognition is how the Rishis gained their knowledge.

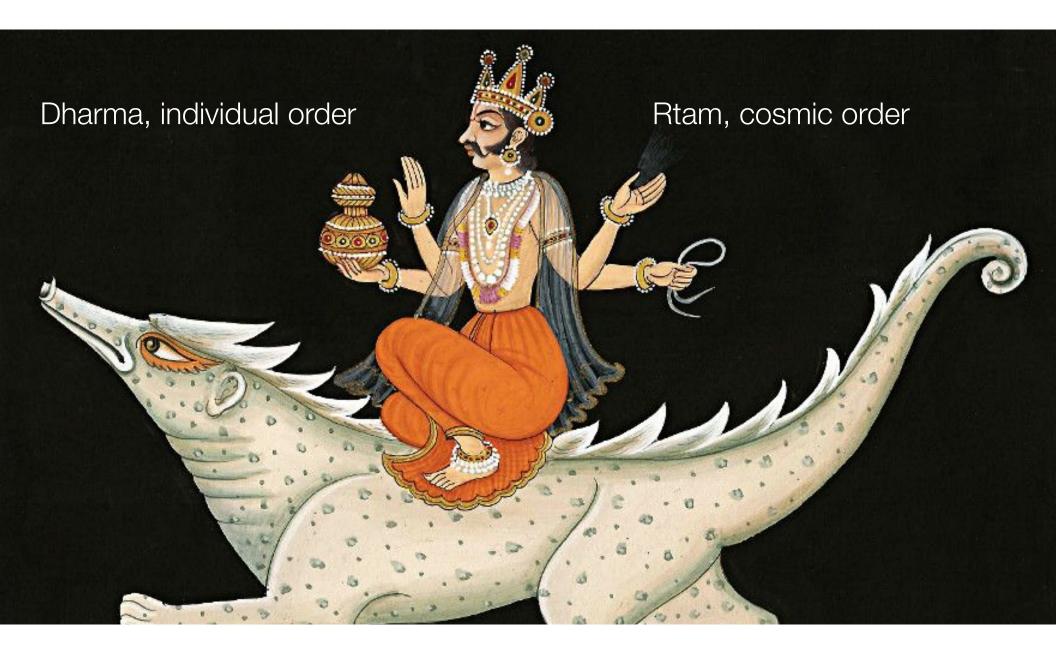
ऋतम्भरा तत्र प्रज्ञा॥४८॥

rtambharā tatra prajñā ||48||

There (the knowledge gained in that state), wisdom shines as unalloyed truth (or, in the state known as rtambharā)

rtam reality
bharā shining
tatra there
prajñā wisdom, insight

"By study of religious books, by inference and by attachment to the practice of mediation, developing intense insight in these three ways, prefect Yoga (or seedless concentration) is acquired." p. 105



श्रुतानुमानप्रज्ञाभ्यामन्यविषया विशेषार्थत्वात्॥४९॥

Śrutānumānaprajñābhyāmanyaviṣayā viśeṣārthatvāt ||49||

(That knowledge) is different from that derived from testimony or inference because it relates to the special (not general) characteristics of objects

Śruta what is heard anumāna what is reasoned prajñābhyām from two sources of insight anya other vişaya objects viśeṣā special characteristic arthatvāt of the means If it comes from a source outside of yourself, it relates to generalities A thing which is subtle or hidden from view cannot be known by ordinary observation. Nirvichara is a non-ordinary type of observation that reveals perfect truth.

तज्जः संस्कारोऽन्यसंस्कारप्रतिबन्धी॥५०॥

Tajjah samskāro'nyasamskārapratibandhī ||50||

The latent impressions born (of that knowledge) prevents others (from arising)

tat that
jaḥ which is produced
saṁskāra mental impression, memory
anya other
pratibandhī prevents, suppresses

Knowledge born from rtambhara is opposed to the formation of latent impressions other than nirodhah

The only samskara formed here is the samskara of a nonarising of thought

तस्यापि निरोधे सर्वनिरोधान्निर्वीजः समाधिः॥५१॥

Tasyāpi nirodhe sarvanirodhānnirvījaḥ samādhiḥ ||51||

Of that nirodhah of even the samskara (born of rtambhara), the result of that nirodhah is the samadhi without seed.

Tasya of that api even nirodhe in nirodha sarva all nirodhāt from nirodha nirbījaḥ without seed samādhiḥ samadhi "Although the seer is beyond pleasure and pain and is immutable, still when the mind ceases functioning... that state being free from sorrow, the Seer is regarded as liberated.... The mind is witnessed by the Seer when it is in a fluctuating state; when it ceases to function naturally it is not witnessed anymore. From this empirical standpoint Purusha is said to be either in bondage or liberation."